# Affliction / pain / suffering

Psalm 34:19

Many *are* the <u>afflictions</u> of the righteous: <u>BUT</u> the LORD delivereth him out of them all.

Psalm 78:32-35

For all this they sinned still, and believed not for his wondrous works. Therefore their days did he consume in vanity, and their years in trouble. When he <u>slew</u> them, then they sought him: and they returned and enquired early after God. And they remembered that God was their rock, and the high God their redeemer.

## 1Corinthians 10:13

There hath **no temptation** taken you but such as is common to man: **but God** *is* **faithful**, who will not suffer you **to be tempted above that ye are able**; but will with the temptation **also make a way to escape**, **that ye may be able to bear** *it*.

Psalm 119:71

<u>It is good for me</u> that I have been <u>afflicted</u>; that I might learn thy statutes.

Psalm 139:23-24

**Search me**, O God, and know my **heart:** try me, and know my **thoughts**: And see if *there be any* wicked way in me, and lead me in the way everlasting.

## Deuteronomy 13:3

Thou shalt not hearken unto the words of that prophet, or that dreamer of dreams: for <u>the LORD your God proveth</u> <u>you, to know whether ye love the LORD your God with all your heart and with all your soul.</u>

Job 23:10

But he knoweth the way that I take: **when he hath tried me**, I shall come forth as gold.

Isaiah 48:10 - 11

Behold, I have <u>refined thee</u>, but not with silver; I have chosen thee <u>in the furnace of affliction</u>. For mine own sake, *even* for mine own sake, will I do *it*: for how should *my name* be polluted? and I will not give my glory unto another.

Jeremiah 17:9-10

The heart *is* deceitful above all *things*, and desperately wicked: who can know it? I **the LORD search the heart**, *I* try the reins, even to give every man according to his ways, *and* according to the fruit of his doings.

1Peter 1:3-9

Blessed be the God and Father of our Lord Jesus Christ. which according to his abundant mercy hath begotten us again unto a lively hope by the resurrection of Jesus Christ from the dead, To an inheritance incorruptible, and undefiled, and that fadeth not away, reserved in heaven for you, Who are kept by the power of God through faith unto salvation ready to be revealed in the last time. Wherein ye greatly rejoice, though now for a season, if need be, ye are in heaviness through manifold temptations: That the trial of your faith, being much more precious than of gold that perisheth, though it be tried with fire, might be found unto praise and honour and glory at the appearing of Jesus Christ: Whom having not seen, ye love; in whom, though now ye see him not, yet believing, ye rejoice with joy unspeakable and full of glory: Receiving the end of your faith, even the salvation of your souls.

#### Acts 14:19-22

And there came thither *certain* Jews from Antioch and Iconium, who persuaded the people, and, **having stoned Paul**, drew *him* out of the city, supposing he had been dead. Howbeit, as the disciples stood round about him, he rose up, and came into the city: and the next day he departed with Barnabas to Derbe. And when they had preached the gospel to that city, and had taught many, they returned again to Lystra, and *to* Iconium, and Antioch, Confirming the souls of the disciples, *and* exhorting them to continue in the faith, and that we must through much tribulation enter into the kingdom of God.

#### Romans 5:1-4

Therefore being justified by faith, we have peace with God through our Lord Jesus Christ: By whom also we have access by faith into this grace wherein we stand, and rejoice in hope of the glory of God. And not only *so*, but we glory in tribulations also: knowing that tribulation worketh patience; And patience, experience; and experience, hope:

#### 1Thessalonians 3:2-4

And sent Timotheus, our brother, and minister of God, and our fellowlabourer in the gospel of Christ, to establish you, and to comfort you concerning your faith: That no man should be moved by these afflictions: for yourselves know that we are appointed thereunto. For verily, when we were with you, we told you before that we should suffer tribulation; even as it came to pass, and ye know.

## Galatians 6:5

For every man shall **bear his own burden**.

## Matthew 11:30

For my yoke is easy, and my burden is light.

## **James 1:12**

Blessed *is* the man that <u>endureth temptation: for when</u> <u>he is tried, he shall receive the crown of life</u>, which the Lord hath promised to them that love him.

Mat\_11:30 For my yoke *is* easy, and my burden is light.(the faith life)

Act\_15:28 For it seemed good to the Holy Ghost, and to us, to lay upon you no greater burden than these necessary things; (disputes of what Christians should do to proof their faith - circumcision, laws of Moses, abstain from idols, fornication, things strangled, and *from* blood)

Gal\_6:5 For every man shall bear his own burden (Life's routine obligations)

Mat\_20:12 Saying, These last have wrought *but* one hour, and thou hast made them equal unto us, which have borne the **burden and heat of the day**.

Act\_21:3 Now when we had discovered Cyprus, we left it on the left hand, and sailed into Syria, and landed at Tyre: for there **the ship was to unlade her burden** (The load she carried)

2Co\_12:16 But be it so, I did not **burden you**: nevertheless, being crafty, I caught you with guile (Paul says he didn't ask money etc from them)

Rev\_2:24 But unto you I say, and unto the rest in Thyatira, as many as have not this doctrine, and which have not known the depths of Satan, as they speak; I will put upon you none other burden (meaning no extra works for the faith)

Always remember that SIN does not just affect myself, it burdens the people around me. Sin always has consequences – and mostly harm those around you – these harms we call burdens